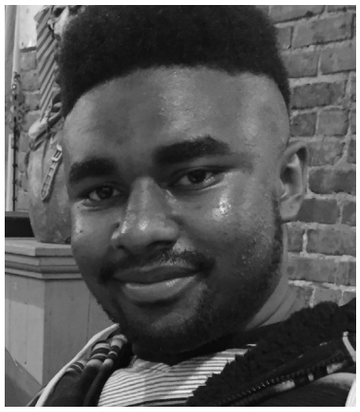


Annual Report

2015

Serving Adults with Developmental Disabilities in Achieving Independence

Triumph services

Triumph's Mission

2015 WAS A YEAR OF MANY ACHIEVEMENTS for the people Triumph supports and for Triumph as an organization. We provided life coaching, employment, therapy, and social skills training to 280 adults with disabilities in the Birmingham community. These individuals gained greater independent living skills, secured competitive employment, and developed friendships. Triumph began an intensive Summer Program in 2015 to begin services to students ages 16-21. Triumph was the recipient of the first organizational C.A.R.E.S. Award for Commitment to Autism Research, Education, and Service.

The message resonates throughout this report – Triumph is supporting individuals in achieving success in their lives. I am proud of every person we served in 2015.

But I believe our greatest accomplishment of 2015 was putting together our amazing TEAM. The Triumph TEAM has never been so strong, so committed, so passionate. It is this strength, commitment, and passion that leads to success for every individual who walks through our door.

Thank you for your support of Triumph.

Sincerely,

Brooke Bowles
EXECUTIVE DIRECTOR

Live.

LIVING INDEPENDENTLY is a hallmark of Triumph– we support over 250 adults in Birmingham who are learning to live on their own thanks to the support team at Triumph. **LIFE COACHES PARTNER** with each person to gain skills such as budgeting, meal planning, home organization, time management, and self-motivation. The result is that people are living independently in their own apartments or homes.

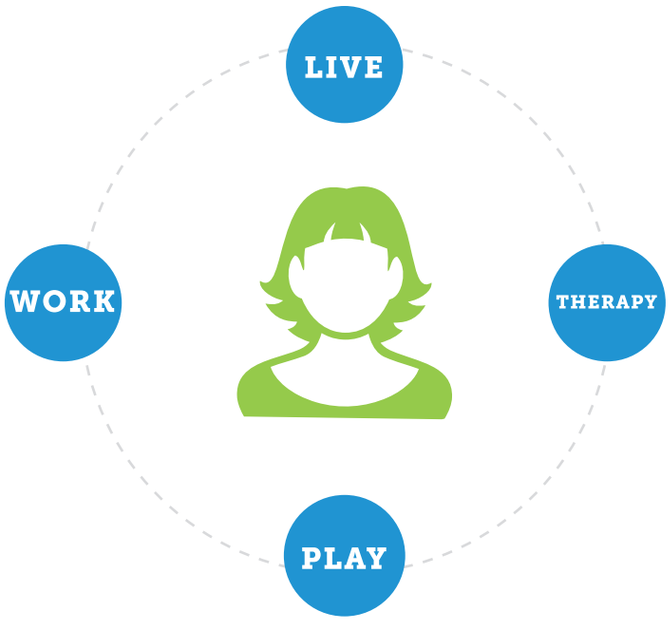
Work.

More than **90 PERCENT** of adults with autism are unemployed. Not the case at Triumph! A whopping 8 out of 10 participants are **EMPLOYED!** Not only is being gainfully employed critical to achieving independence, but it also means individuals become contributing members of their community.

Play.

More than half of adults with developmental disabilities suffer from depression and anxiety. Therefore, **FRIENDSHIPS AND SOCIAL OUTLETS** are critical to their well being. That's why Triumph offers social groups and one–on–one counseling. These services have yielded amazing outcomes!

A Holistic Approach



HOW IT WORKS

Triumph Services provides a holistic approach to support for people who have developmental disabilities. The Individual is in the center as the expert on his/her dreams and goals. The LIVE program provides independent living skills. The WORK program provides competitive employment and purpose in life. The PLAY program provides community integration and healthy relationships. The THERAPY program address depression and anxiety and builds self-esteem.

Highlights

SUMMER PROGRAM

Triumph added transition services through our Intensive Summer Program! This three week curriculum provided students with full-time training in independent living skills, employment skills, and social skills.

↑40%

INCREASE

IN DONATION & GRANTS

IN 2015 FROM 2014

TOP TIGER

Triumph Services was awarded Top Tiger in 2015! Presented by the Raymond J. Harbert College of Business at Auburn University, the Top Tigers program celebrates the fastest-growing companies founded, owned or led by Auburn University Alumni.

C.A.R.E.S. AWARD

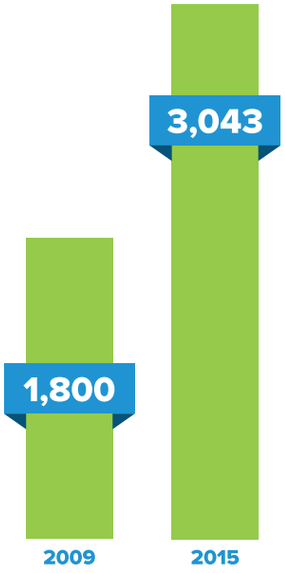
Triumph received the first organizational C.A.R.E.S. award for Commitment to Autism Research, Education, and Services. This award was presented by the Alabama Autism Conference.

TRIUMPH IMPACTS

Independent Living

"Thank you for all you do to help our daughter live independently and have the friends, job, and LIFE she wants."

-PARENT OF TRIUMPH PARTICIPANT



 # OF ADULTS ON WAITING LIST

IN ALABAMA,

Only 5,260 slots are available for group homes and day services—and they are all **FULL**.

Triumph provides a solution that gives people the opportunity to live and work in their community & opens up slots on the waiting list!

53%

OF INDIVIDUALS RECEIVING

LIFE COACHING

LIVE

INDEPENDENTLY

"Triumph was there at our darkest hours and held our hands all the way through. I'll never forget how far we have come."

-PARENT OF TRIUMPH PARTICIPANT

TRIUMPH INVESTS IN

Alabama's Workforce

80%

TRIUMPH PARTICIPANTS EMPLOYED

COMPARED TO 15-17% EMPLOYMENT RATE NATIONALLY FOR PEOPLE WITH SIGNIFICANT DISABILITIES

"Creative Montessori really values its Employment Partnership with Triumph Services. We appreciate how committed our Triumph employees are to our school and mission. They consistently strive to meet the needs of our students and staff. Creative Montessori is proud to offer an opportunity that helps develop job and life skills for the young adults at Triumph Services."

-GREG SMITH, CREATIVE MONTESSORI, DIRECTOR

150

BUSINESSES

PARTNERING WITH TRIUMPH BY

HIRING A PARTICIPANT

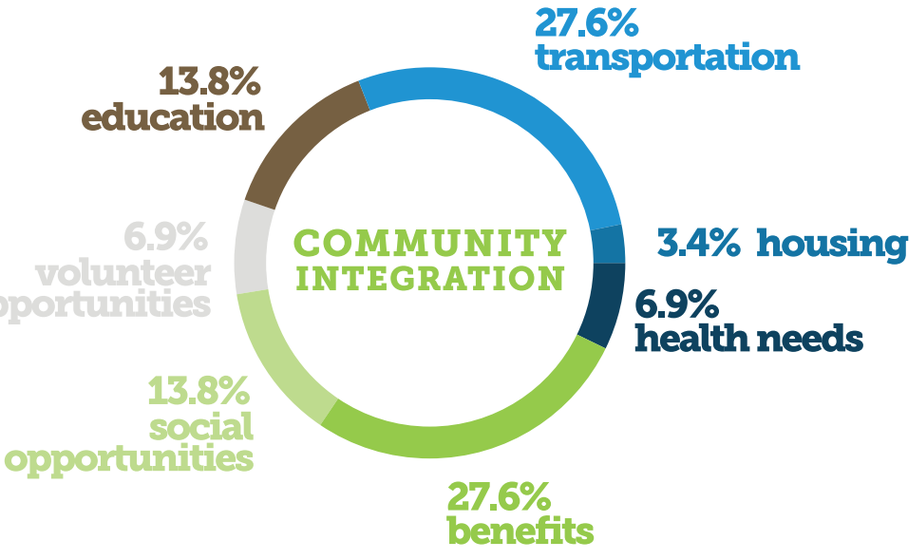
(VOLUNTEER OR PAID)

TRIUMPH CONNECTS

Birmingham's Community

"Triumph's impressive staff and the services and support they provide participants is innovative and first rate."

-COMMUNITY PARTNER



COMMUNITY INTEGRATION FOCUSES ON:

+ Connections
+ Accesing Resources
+ Education
+ Advocacy
+ Social Networks

186 PEOPLE RECEIVED SCHOLARSHIPS TOTALING $102,378

Mariah's Story

I GRADUATED FROM HIGH SCHOOL IN MAY. I have never had a job. I currently live with my parents and my two-year old daughter, Niya. I first started working with a job coach at Triumph. My job coach, Alicia, helped me prepare for interviews and with applications. She kept telling me, "Don't get discouraged. Keep your head up." Before I knew it, I landed my first job. Alicia had confidence in me and gave me the tools to apply my skills to the right job. I am now a hostess at a new restaurant in Birmingham called Hickory Tavern. I love the fast-paced environment and love meeting every customer that walks through the door.

Now that I have a job, I want to live in my own apartment. I want to have space for my daughter to run around and have a space we can call our own. With help from my life coach, Christina, I am in the process of filling out paperwork for an apartment. I hope to move in by the New Year. The apartment I really want even provides childcare.

I have to thank my support team at Triumph for my newfound independence. Please support Triumph because they have given me peace of mind. I know that Niya and I will be able to live on our own and I will be able to provide for her.

Thank you for supporting Triumph. There are other individuals like me that can benefit from the services they provide. I know in the future, Triumph will be there to help me with my next step, going to college and becoming a Medical Assistant.

Mariah Butts

MARIAH BUTTS, PARTICIPANT

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Triumph Champions

Thank you 2015 Triumph Champions. Triumph relies on tax-deductible donations to fund our scholarship program. Please visit TRIUMPHSERVICES.ORG to make a secure online donation or contact 205-581-1000. Thank you for supporting Triumph.

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Moore Money Strategies
Mugshots Grill and Bar
Murray and Gilbert Johnston
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Nick Gaede
Nick Virgilio
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Wayne Hughes
Wesley Mansour
Wildflower Hair and Nail Studio
William and Dana Ferniany
William and Joan Dean
William Pearson
Yanosky Orthodontics
Yolanda Spencer
Zac Miller
Zoe's Kitchen

Our Staff

MELANIE

"I love how everyone who comes to Triumph has a story. We have the opportunity to add to the next chapter in that story."

LYDIA

"I love the atmosphere when you walk into Triumph. It always feels so warm and welcoming. Everyone greets you with open arms."

STEPHANIE

"Because of my position at Triumph, I have been able to be a small part of empowering people to succeed and help change people's lives in a very tangible way."

LAUREN

"It says a lot about an organization when you see employees actively engaged and thrilled about their work! We truly value Triumph and the participants we serve! "

MICHELLE

"The best thing about my job is that I get to help people make their dreams come true."

PAM

"I love that Triumph is a safe and nurturing place to be yourself."

JEFFREY

"I love the enthusiasm and friendliness of the people I work with."

GEORGE

"I love the people I get to serve and work with. They inspire me every day."

ROZ

"The smiles I see from staff when a participant gets their first job! The true feeling of pride in each one's accomplishment is inspiring!"

CHANTEL

"It is an honor to work with a staff that genuinely cares about changing lives for the better. Their impact inspires me to be a better person and ultimately a better life coach."

SARA

"It is an honor to support adults with disabilities to achieve goals they never thought possible and live meaningful lives."

LORIE

"This is my passion and creativity is allowed in order to best serve the needs of our participants and our wonderful staff as well."

ALICIA

"I love that the individuals we support feel safe enough to share their struggles and their successes with us."

CHRISTINA

"I love that I am part of a team who genuinely cares about each other's personal and professional development."

I AM READY

VOLUNTEER OR DONATE TODAY!

www.triumphservices.org

Triumph services

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